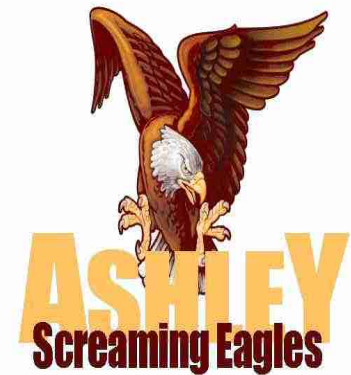


June 2009

SUN	MON	TUE	WED	THU	FRI	SAT
STUDY FOR EXAMS	1	2	3	4	5	6
7	8	9	10 LAST DAY OF SCHOOL	11 TEACHER WORKDAY 7 ON 7 WORK 4-6PM	12 Nike Shoe Fitting 4 PM- Website Opens 7on7 5-6:30	13
14	15 9-11 AM FCA FOOTBALL CAMP Summer #1	16 9-11AM FCA FOOTBALL CAMP Summer#2	17 9-11 AM FCA FOOTBALL CAMP	18 9-12AM FCA FOOTBALL CAMP Summer#4 7:00Free Physicals@NHC Health	19 2029 S. 17th st	20
21	22 Summer #5 8:30-11AM	23 Summer#6 8:30-11 AM	24 Summer#7 8:30-11 AM	25 Summer#8 8:30-11 AM PASSING 7ON7 N. BRUNSWICK BUS LEAVES AT 8:15 AM- \$15.00 each	26 Nike SHOE Website Shuts Down	27
28 Summer Break- Players work-out / run on their own-see contact list for details	29 Summer break	30 Summer break				



ASHLEY FOOTBALL

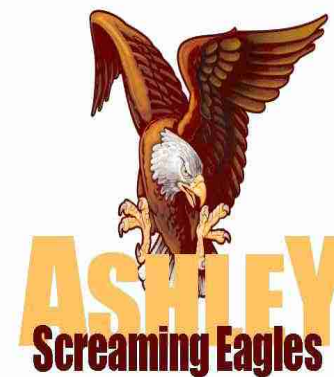
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July 2009

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Summer break	2 Summer break	3 Summer break	4
5	6 SUMER#9 8:30-11AM	7 SUMMER#10 8:30-11AM 7 on 7 at Coastal Carolina-leave early AM-TBA	8 SUMER#11 8:30-11AM	9 SUMMER#12 8:30-11AM	10	11
12	13 SUMER#13 8:30-11AM	14 SUMMER#14 8:30-11AM	15 SUMER#15 8:30-11 AM	16 SUMMER#16 8:30-11AM	17	18
19	20 SUMER#17 8:30-11AM	21 SUMMER#18 8:30-11AM	22 DAY OFF	23 DAY OFF	24 Varsity 7on7 at UNC-TIME TBA	25
26 Players con- dition on your own-for the conditioning test FRIDAY!	27 DAY Off	28 Day off	29 SUMER#19 8:30-11 AM	30 SUMMER#20 8:30-11am 300 TIME TEST Staff workday 11am until	31 SUMMER#21 CONDITIONING TEST-UNDER THE LIGHTS 8:30 PM (STADIUM)	



ASHLEY FOOTBALL

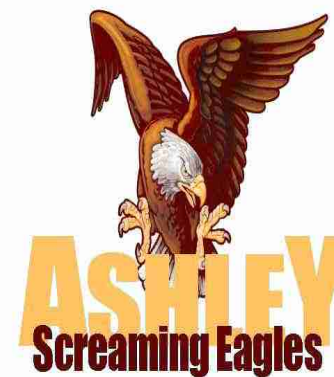
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August 2009

SUN	MON	TUE	WED	THU	FRI	SAT
						1 PRACTICE #1 7:00 AM- NOON
2 Practices 7AM-Noon All week	3 PRACTICE #2 7:00 AM- NOON	4 PRACTICE #3 7:00 AM- NOON	5 PRACTICE #4 7:00 AM- NOON	6 PRACTICE #5 7:00 AM- NOON	7 PRACTICE #6 7:00 AM- NOON	8 PRACTICE #7 7AM-10 AM POT LUCK LUNCH KICKOFF 11 AM
9 TWO-A- DAYS (SECOND PRACTICE VAR. ONLY) ONLY)	10 PRACTICE 7AM-NOON PRACTICE #2 6-8 PM VARSITY ONLY	11 PRACTICE 7AM-NOON <small>BB&T PRESS CONFERENCE 11:30</small> PRACTICE #2 6-8 PM VARSITY ONLY	12 PRACTICE 7AM-NOON JV and Varsity Scrimmage @Jacksonville -6:00 PM	13 PRACTICE 7AM-NOON PRACTICE #2 6-8 PM VARSITY ONLY	14 JV practice 8-10 AM Scrimmage BB&T Jambo- ree	15 VARSITY 8-11 AM
16 GAME WEEK	17 PRACTICE 4-8PM	18 PRACTICE 4-8PM	19 PRACTICE 4-8PM	20 VARSITY 4 PM	21 VARSITY Game At SW Onslow	22
23 GAME WEEK	24 Varsity Film 7:00 JV and Varsity Practice 4-7:30 Soccer home	25 FIRST DAY OF SCHOOL PRACTICE	26 PRACTICE	27 VARSITY 3:30 JV Game @ S. Brunswick	28 VARSITY Game - S. Brunswick	29
30 GAME WEEK	31 Varsity Film 7:00 Practice					



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September 2009

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 Varsity Vs. White Oak	5
6 Staff Meeting on Monday	7 Staff-1:00 Varsity Film 5:00 PM Practice-JV and VAR-6:00- 8:00 Soccer away	8	9	10 JV Game vs. Topsail	11 Varsity Game at Topsail Soccer Away	12
13	14	15	16	17 JV game vs. W.Brunswick Soccer away	18 Varsity Game at W. Brunswick	19
20	21 Soccer home	22	23	24 JV Game at Purnell Swett Soccer away	25 Varsity Game vs. Purnell Swett	26
27 NO STAFF MEETING- GOING INTO OPEN WEEK	28 NO PRACTICE	29 PRACTICE Soccer home	30 PRACTICE			



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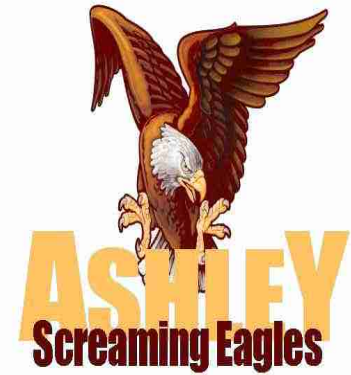
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October 2009

SUN MON TUE WED THU FRI SAT

SUN	MON	TUE	WED	THU	FRI	SAT
				1 PRACTICE NO JV GAME Soccer home	2 OPEN-NO GAME- SCOUT ROSE	3
4	5	6 Soccer away	7	8 JV Game vs. JH Rose Soccer away	9 Varsity game At JH Rose	10
11	12	13 Soccer home	14	15 JV Game vs. New Hanover Soccer away	16 Varsity Game at New Hanover	17
18	19	20 Soccer away	21	22 JV Game at New Bern Soccer home	23 Varsity Game Vs. New Bern	24
25	26	27	28	29 1/2 day JV Game vs Hoggard Soccer away	30 Teacher Workday Varsity Game At Hoggard	31



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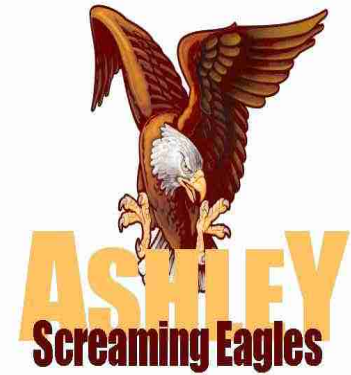
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November 2009

SUN MON TUE WED THU FRI SAT

1	2	3	4	5 JV Game At Laney	6 Varsity game Vs. Laney	7
			Soccer rd 1			Soccer rd 2
8	9	10	11 Veterans Day- Practice 9am	12	13 1st Round State Playoffs	14
			Soccer rd 3			Soccer rd 4
15	16	17	18	19	20 2nd Round State Playoffs	21
			Soccer rd 5			Soccer title
22	23	24	25 Teacher Workday Practice 3:30-5:30	26 Thanksgiving Practice 9-10AM	27 Team Break- fast@9 AM / Lift & Walk Thru 3rd Round State Playoffs	28
29	30					



ASHLEY FOOTBALL

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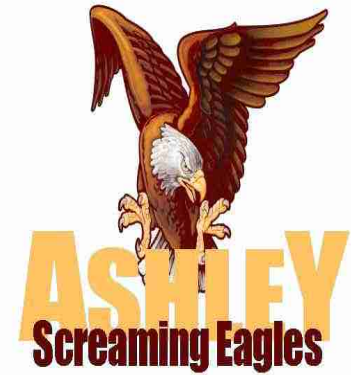
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December 2009

SUN MON TUE WED THU FRI SAT

		1	2	3	4 Eastern Finals	5
6	7	8	9	10	11 State Championship Weekend	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



ASHLEY FOOTBALL

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