

Ashley High School

555 Halyburton Memorial Parkway
Wilmington, North Carolina 28412

Main Office: 910-790-2360

Athletic Office: 910-790-2360 x129

Guidance Office: 910-790-2360 x143

Web Site for Athletic Information:

www.ashleyathletics.com

Athletic Handbook For Parents and Athletes



Eagle Pride!

Promise Yourself

To Think only the Best,
To Work only for the Best,
And to Expect the Best

Preseason Meeting for Parents/Guardians of Athletes

(PAIN) Parent Athlete Information Night

The purpose of this meeting is to inform parents of the athletic policies of new Hanover County Schools. There will be three meetings held during the year, one before each sports season. A parent or guardian and the student-athlete must be present at the meeting held before the beginning of the sports season in which the athlete is participating. If you have attended another sports season orientation meeting during the school year, you must attend the Coach's meeting.

Orientation Meeting - 6:30 p.m. in the auditorium

Overview of Athletic Handbook

Each of the following will be discussed during the meeting:

Preseason Meeting

1. Outline
2. Introduce Administration, Coaching Staff and Athletic Trainers
3. Athletic Insurance
4. Outline the Coach's Meeting

NCHSAA Information

5. Overview of North Carolina Athletic Association
6. Basic Eligibility and PowerPoint
7. Sportsmanship

New Hanover County Schools/Ashley Athletic Information

8. Goals of Ashley Athletics
9. Code of Ethics
10. Athletic Booster Club

Choosing a College

11. Steps that can be used in choosing a college
12. Steps to market your athletic talent
13. Selecting the right college
14. NCAA recruiting rules and regulations

NCAA Information

15. Initial eligibility requirements
16. List of Core courses as defined by New Hanover County Schools
17. NCAA Worksheet

Samples of Athletic Forms

18. Review forms
19. Athletic Schedules- download forms off the Ashley Athletics' web site

New Hanover County Schools Athletic Insurance

20. The athletic insurance (secondary) provided by the New Hanover County Schools and NCHSAA will be explained
21. The injury procedure used by NHCS will be reviewed

Coach's Meeting – Begins at 7:15 in assigned classrooms/areas.

Coach's Meeting – each coach will meet with parents in an assigned area. When the meeting is over, please make sure that you have turned in your NHC Participation form. Each sport has its own unique requirements and risks. To insure that the parents are informed prior to authorizing a student's participation in interscholastic athletics, the coach of each sport will review health risks that are particular to the sport and instructional methods used to minimize these risks. Questions are welcomed. In addition to becoming eligible and completing the necessary paperwork, each athlete must follow the specific rules developed by the coach. A clear understanding of these rules makes for a pleasant relationship between the parent, coach, and athlete.

Individual Sport Meeting

Overview

- Introduction of Coaches/sponsors
- Program coaching philosophy

Information

- How teams will be chosen
- Criteria for lettering and other awards
 - Student-athlete must be in good standing
 - Awards are listed in the Athletic Handbook
- Team Rules
 - Training Rules
 - Practice/Game schedule
 - Practice attendance policy
- Citizenship/sportsmanship/academic development & academic tutorials
- Sickness/return from injury & emergency care
 - Athletes must be in attendance at school to participate in practice or a game. Coaches will check the absentee list each day
- Competition participation criteria
 - Any student-athlete who is under penalty of suspension, or whose character or conduct is such as to reflect discredit upon our school or community, will not be allowed to participate in practice or games
- Travel Guidelines
 - Transportation
 - Departure and arrival times
 - Dress guidelines
- Parental Involvement
- Other Items

Appropriate Concerns to Discuss with the Head Coach

- Child's mental or physical state
- Ways to help athlete improve in the activity
- Concerns about your son/daughter's behavior

Issues Not Appropriate to Discuss with the Head Coach

- Team Strategy
- Play Calling
- Other student-athletes
- Playing Time
 - It is very difficult to accept that your child may not be playing as much as you or they may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all athletes involved.

If you have a Concern to Discuss with the Head Coach

- Call the school and set up an appointment (24 hours). Ashley High School: 910-790-2360
- If the Coach cannot be reached, contact the guidance department to set up an appointment for you.
- Please Do Not attempt to confront a coach before, during or after a contest or practice. These can be emotional times for the athlete, parent and coach

What a Parent Can Do if a Meeting with the Coach Does Not Resolve the Issue

- Call and set up an appointment with the Athletic Director to discuss the situation

The appropriate next step can be determined at this meeting. If you have questions concerning this, please contact the Athletic Director or Head Coach at 910-790-2360 x129

For More Information:

NHC and NCHSAA Eligibility:

<http://ashleyathletics.olinesports.com/pdfs/1245860242ATHLETIC%20TRY%20OUTS%2009%2010.pdf>

NHC Athletics: <http://www.nhcs.net/athletics/>

NHC Code of Ethics:

<http://www.nhcs.net/athletics/NHCSCodeofEthicsPledge.pdf>

Ashley Athletic Handbook:

http://ashleyathletics.olinesports.com/pdfs/1235170162SA%20Handbook_Spg_09_doc.pdf

NHC Traditional Calendar:

http://ashleyathletics.olinesports.com/pdfs/1235170162SA%20Handbook_Spg_09_doc.pdf

NHC Promotion Requirements:

<http://ashleyathletics.olinesports.com/pdfs/1245859544Microsoft%20Word%20-%20NCHSAA%20Athletic%20Eligibility%20Grid%20for%20NHCS.pdf>

Ashley Athletics Schedules (choose team):

<http://www.highschoolsports.net/defaultcal.cfm?ct=2d&school=NC2841299869&spt=-1&lvl=-1&division=&schoolid=NC2841299869&CFID=17440584&CFTOKEN=99562358&timeoffset=240>

Ashley Athletic Booster Club:

<http://leaguelineup.com/welcome.asp?url=ashleyabc>

Ashley Season Ticket Application:

<http://ashleyathletics.olinesports.com/pdfs/1250259179Season%20Ticket%20app..pdf>

NCHSAA Information: <http://www.nchsaa.org/>

National Federation of High School Sports: <http://www.nfhs.org/>