

Ashley High School
2010-2011 Athletic Handbook



www.ashleyathletics.com

***HONORING SERVICE,
BUILDING TRADITION!***

One Goal, One Mission, One Team

Ashley High School

Principal	James E. McAdams
Assistant Principal	Stephanie Bartlett
Assistant Principal	Dennis Fleck
Assistant Principal	Robert Morgan
Certified Master Athletic Administrator	Roy Turner
Assistant Athletic Director(s)	Chip Adams & Brian Stewart
Certified/Licensed Athletic Trainer(s)	Curtis Fallon Sashah Davis

Contact Us:

School Phone:	910-790-2360
Athletic Phone:	910-790-2360 x129
Fax:	910-790-2356

Athletic Schedules:

<http://www.nhcs.k12.nc.us/ashley/> Click on Athletics
or
www.ashleyathletics.com

Athletic Director's Email: roy.turner@nhcs.net

Athletic Booster Club

President: Debra LeCompte

Meetings: the 1st Monday of each month @ 7:00pm in the cafeteria

In compliance with federal laws, New Hanover County Schools administers all educational programs, employment activities and admissions without discrimination because of race, religion, national or ethnic origin, color, age, military service, disability or gender, except where exemption is appropriate and allowed by law. All New Hanover County Schools facilities, both educational and athletic, are tobacco-free learning environments.

The Ashley Administration will provide the leadership to ensure a wholesome, equitable setting so student-athletes in our programs can enjoy the many positive benefits of participation in interscholastic activities. This Administration supports the values of sportsmanship, ethics, and integrity.

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Preseason Meeting for Parents/Guardians of Athletes (PAIN) Parent Athlete Information Night

The purpose of this meeting is to inform parents of the athletic policies of new Hanover County Schools. There will be three meetings held during the year, one before each sports season. A parent or guardian and the student-athlete must be present at the meeting held before the beginning of the sports season in which the athlete is participating. If you have attended another sports season orientation meeting during the school year, you must attend the Coach's meeting.

Orientation Meeting - 6:30 p.m. in the auditorium

Overview of Athletic Handbook

Each of the following will be discussed during the meeting:

Preseason Meeting

1. Outline
2. Introduce Administration, Coaching Staff and Athletic Trainers
3. Athletic Insurance
4. Outline the Coach's Meeting

NCHSAA Information

5. Overview of North Carolina Athletic Association
6. Basic Eligibility and Powerpoint
7. Sportsmanship

New Hanover County Schools/Ashley Athletic Information

8. Goals of Ashley Athletics
9. Code of Ethics
10. Athletic Booster Club

Choosing a College

11. Steps that can be used in choosing a college
12. Steps to market your athletic talent
13. Selecting the right college
14. NCAA recruiting rules and regulations

NCAA Information

15. Initial eligibility requirements
16. List of Core courses as defined by New Hanover County Schools
17. NCAA Worksheet

Samples of Athletic Forms

18. Review forms
19. Athletic Schedules- download forms off the Ashley Athletics' web site

New Hanover County Schools Athletic Insurance

20. The athletic insurance provided by the New Hanover County Schools and NCHSAA will be explained
21. The injury procedure used by NHCS will be reviewed

Coach's Meeting – Begins at 7:15 in assigned classrooms/areas.

Coach's Meeting – each coach will meet with parents in an assigned area. When the meeting is over, please make sure that you have turned in your Evaluation Form and Parental Information form. Each sport has its own unique requirements and risks. To insure that the parents are informed prior to authorizing a student's participation in interscholastic athletics, the coach of each sport will review health risks that are particular to the sport and instructional methods used to minimize these risks. Questions are welcomed. In addition to becoming eligible and completing the necessary paperwork, each athlete must follow the specific rules developed by the coach. A clear understanding of these rules makes for a pleasant relationship between the parent, coach, and athlete.

Individual Sport or Activity Meeting

Overview

- Introduction of Coaches/sponsors
- Program coaching philosophy

Information

- How teams will be chosen
- Criteria for lettering and other awards
 - Student-athlete must be in good standing
 - Awards are listed in the Athletic Handbook
- Team Rules
 - Training Rules
 - Practice/Game schedule
 - Practice attendance policy
- Citizenship/sportsmanship/academic development & academic tutorials
- Sickness/return from injury & emergency care
 - Athletes must be in attendance at school to participate in practice or a game. Coaches will check the absentee list each day
- Competition participation criteria
 - Any student-athlete who is under penalty of suspension, or whose character or conduct is such as to reflect discredit upon our school or community, will not be allowed to participate in practice or games
- Travel Guidelines
 - Transportation
 - Departure and arrival times
 - Dress guidelines
- Parental Involvement
- Other Items

Appropriate Concerns to Discuss with the Head Coach

- Child's mental or physical state
- Ways to help athlete improve in the activity
- Concerns about your son/daughter's behavior

Issues Not Appropriate to Discuss with the Head Coach

- Team Strategy
- Play Calling
- Other student-athletes
- Playing Time
 - It is very difficult to accept that your child may not be playing as much as you or they may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all athletes involved.

If you have a Concern to Discuss with the Head Coach

- Call the school and set up an appointment (24 hours). Ashley High School: 910-790-2360
- If the Coach cannot be reached, contact the guidance department to set up an appointment for you.
- Please Do Not attempt to confront a coach before, during or after a contest or practice. These can be emotional times for the athlete, parent and coach

What a Parent Can Do if a Meeting with the Coach Does Not Resolve the Issue

- Call and set up an appointment with the Athletic Director to discuss the situation
- The appropriate next step can be determined at this meeting. If you have questions concerning this, please contact the Athletic Director or Head Coach at 910-790-2360 x129.

Parent/Coach Communication Plan

As your student-athletes become involved in the athletic program at Ashley they will experience some of the most rewarding times of their lives. Possibly the most important ingredient to achieve this outcome is to insure that lines of communication are developed to allow for free and easy resolution of questions before they become conflicts. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times a short discussion with the coach is encouraged.

Communication you should expect from your child's coach:

- Philosophy
- Expectations the coach has for your child and teammates
- Locations and times of all practices and contests
- Team requirements, i.e., practices, special equipment, off-season conditioning, etc....
- Emergency procedures in case of injury
- Code of conduct and/or discipline plan
- Changes in schedule due to weather etc.

Communication coaches expect from parents:

- Concerns expressed directly to coach
- Notification of any schedule conflicts well in advance
- Specific concerns with regard to a coach's philosophy and/or expectations

Appropriate concerns to discuss with the coach:

- The treatment of your child, mentally and/or physically
- Ways the parent(s) can help the student-athlete improve
- Concerns about your child's behavior or performance

It is very difficult to accept your child's not playing as much as you or they may like. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all student-athletes involved. As you have seen from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach.

Issues not appropriate to discuss with the coach:

- Playing Time
- Team Strategy
- Play Calling
- Other Student-athletes

There are situations that may require a conference between the coach and a parent. These are encouraged if necessary. It is important that both parties involved have a clear understanding of the others position. When a conference is necessary, the following procedure should be followed to help resolve the issue or concern.

If you have a concern to discuss with a coach and/or an athletic administrator, call 910-790-2360 to set up an appointment. Do not attempt to confront the coach before or after a contest or practice (24 hour rule). Meetings of this nature do not promote resolutions; it may even exacerbate the issue.

If the meeting with the coach does not provide a satisfactory resolution: Call (910-790-2360) and set up an appointment with the Athletic Director to discuss the situation.

Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet helps to make the Ashley Athletic program as enjoyable as possible for you and your child.

EAGLE Policies

TICKETS

As per NHCS policy tickets are sold for baseball, basketball, football, lacrosse, soccer, softball, volleyball, and wrestling. The tickets range from \$6.00 to \$4.00, with the exception of playoff games, which is set by the NCHSAA. There is a “No-Readmittance” and “No Refund” policy in effect for all contests at Ashley. Fans may purchase season tickets, good for all home contests except endowments, tournaments, and NCHSAA playoffs.

PARKING

Parking adjacent to the stadium is reserved for Eagles Nest season ticket holders for Varsity football contests. Park in assigned spaces only. Parking is first come, first served in all other parking lots and events.

GAME FACILITIES

Ashley football, lacrosse, soccer, and track compete in the main stadium on campus. Seats are unreserved except for an area marked off for the Marching Band, Eagles nest, and for special events such as class reunions. The press box is limited to use by authorized school personnel and accredited media only. Ashley ROTC students serve as guides for football games.

The gymnasium is used for basketball and volleyball games. There is NO reserved seating except for Basketball Eagles Nest members.

Baseball, cross-country, tennis and softball compete on campus. The golf teams practice and play at Beau Rivage Plantation. Ashley Swim teams practice and compete at the YWCA and UNC-W.

CONCESSIONS

Concessions are operated by the Booster Club and open for all varsity contests and most JV games. Containers, coolers and outside food are prohibited at Ashley High School.

RESTROOMS

Restrooms are located in the main concession stand and in the school foyer.

FIRST AID

The training room (Room 109) is located inside the school (gymnasium hallway near men’s locker room), or see any Administrator to locate Curtis Fallon our ATC/L Trainer.

HANDICAPPED

Ramps are available throughout the school property and arrangements can be made for special seating.

TOBACCO

The use of tobacco products is prohibited on our campus.

LOST & FOUND

Turn in items to the concession stand for handling by the Athletic Director.

**Ashley High School
NCHSAA
NHCS
Athletic
Information**



Welcome to the Athletic Program!

Welcome to the Athletic Program at Ashley! You are about to join a program that has a long history of achievement and excellence. Many athletes who have preceded you have provided Ashley with a reputation that is highly regarded in high school athletics. We hope your involvement in this program will provide you with many rewarding and worthwhile experiences and that perhaps you too can make a contribution that will further enhance the reputation of Ashley and its athletic program.

The Interscholastic Athletic Program of the New Hanover County School System is an integral part of the total school program, and as such is designed to help our students become better school, community, state and national citizens.

While the academic area is the primary focus of our school system, we believe participation in an athletic program affords opportunities, training and experiences not ordinarily available in the regular curriculum. Education should not only provide for the many, but should also furnish a demanding test for the limited numbers who are gifted physically and who are ambitious to excel.

EXTRA CURRICULAR ACTIVITIES

Vision Statement

We envision a school system that offers an extracurricular program for its students that is considered a model for all other districts in North Carolina. Our expectation for the extracurricular activities program is that it will match the expectations the NHCS system has for its academic program. Our vision is that the extracurricular activities will be considered an asset to the academic mission of the schools and will enhance all aspects of school life. We envision a program that offers quality facilities that are student and people friendly and quality coaching for its administration. Ultimately, we envision an extracurricular program that all of its participants, students, parents, coaches and administrators, can be proud of and one that promotes lifelong personal and community wellness and contributing, productive citizens.

CONDUCT

Participation in extracurricular activities, including athletics, is a privilege, not a right. The New Hanover County Board of Education expects all students who represent their school through participation in extracurricular activities to be good representatives of their school community. Students should dress, act and conduct themselves in a way that reflects positively on their school. Each student is expected to display good citizenship at all times. Taunting is expressly prohibited. Taunting includes actions or comments, which are intended to bait, anger, embarrass, ridicule or demean others, whether or not deeds or words are vulgar or racist. Any student who violates the NHCS Code of Ethics may have the privilege of participation limited or revoked.

Eligibility to Participate

A student who is suspended from school is not eligible to practice, play or attend any meeting during the time of suspension. If the suspension includes the last day of school before a vacation or weekend, the student becomes eligible the next calendar day after the last day of the suspension.

A student who is absent from school will not be allowed to practice or attend any meeting of the team or group on the day of the absence. Exceptions such as funerals, field trips, college visitations must be approved by the principal in advance.

Mission Statement:

To provide meaningful activities that develop (Values of Life) sportsmanship, leadership, teamwork, commitment, responsibility, respect and pride in our community through participation on a team. The Number one educational outcome of interscholastic athletics is the promotion of learning.

Athletic Goals:

The goal of the Ashley athletic department is to provide opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline, acceptable personal and social behavior, and character. Members of teams and organizations must always serve as exemplars of high moral character and must demonstrate appropriate academic commitment, which is expected of all students. Participation in athletics at Ashley is “a privilege, not a right”. In addition to the rules established by NCHSAA, each coach may have rules and expectations for the members of the team, which shall be distributed to all players and parents at the beginning of the season. The New Hanover County Schools Code of Conduct applies to all student-athletes on and off the field of play. All students who participate in athletics are subject to disciplinary consequences imposed by coaches and the administration. The athletic program at Ashley High School is designed to produce well-rounded citizens who can take their place in a community and in a democratic society. The program is intended to develop leadership skills, a sense of responsibility and accountability, and sportsmanlike attitudes of the student population.

One of the main goals of the athletic department is to teach the concept of sportsmanship (Eagle’s Respect). Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, teammates, officials, coaches, administrators and spectators. Winning is exciting, but winning at any cost is not the goal. Screaming Eagles will learn how to win with dignity and lose with class.

Emotional balance promotes consistency in the lives of athletes that affects everything they do. Everyone wins, especially the athletes, who move comfortably from one responsibility and relationship to another, benefiting themselves as well as their parents, teachers, and coaches.

Beliefs:

- We believe the extracurricular activities program is for all students.
- We believe that extracurricular activities are an integral part of the total education program and a unique part of the high school experience.
- We believe extracurricular activities teach students many invaluable, intangible traits that are necessary for productivity in our society such as, but not limited to, self-discipline, personal commitment, loyalty, sportsmanship, teamwork, the value of preparation, and a hard work ethic.
- We believe participation in extracurricular activities enhances student academic performance and school attendance.
- We believe extracurricular activities have a positive effect upon the participant's self-image, mental alertness, social competence and ethical awareness.
- We believe that the spirit of competition and the will to excel are some of the necessary elements associated with extracurricular activities. These elements are valuable to the development of a healthy mind and a productive American citizen.

We believe extracurricular activities are a wholesome equalizer because individuals are judged for what they are and for what they do, not on the basis of the social or economic group to which they belong.

Objectives:

- To provide our participants with the best possible administration, supervision and instruction available.
- To provide our participants with quality facilities and equipment that is both safe and people and student friendly.
- To provide our participants with safe, quality transportation to and from all competitions and activities.
- To provide our participants with proper funding to meet all of there needs in the extracurricular arena.

Forward

This handbook is designed to inform the student-athlete and his/her parent(s)/guardian(s) of the rules, regulations and policies of the Athletic Department. The coaching staff at Ashley High School believes that success in athletics is established and maintained through adherence to the principles outlined in this handbook. Participation on Ashley High School athletic teams is strictly on a voluntary basis. Athletics are extra-curricular activities conducted after the regular school day. No recruiting of any kind is permitted. The athlete must earn the privilege of participation through dedication, desire and discipline.

Because participation is voluntary, certain basic requirements are necessary in order to make the athletic program a wholesome, successful and meaningful experience.

The requirements have been kept to a minimum, but important items are listed below in order that the athlete must fully understand before making the decision to participate. All students at Ashley High School will adhere to the New Hanover County Schools Code of Conduct, and the

uniform consequences for violations. However, the Athletic Department may also discipline athletes, because of their high visibility and their place as leaders of the school. The Ashley Athletic department will enforce the rules and regulations as described in this handbook. Parents and athletes are asked to sign an acknowledgment document, stating that they have read and understand the information included in this handbook.

Misconduct includes inappropriate behavior while you are involved in any way with an athletic department program, including practice, games, and travel. Insubordination, impudence, insolence, or other examples of defiance toward coaches, officials, bus drivers or others in authority or who have responsibility for your safety are examples of misconduct.

Such behavior will not be tolerated.

Specific punishments cannot be listed since varying circumstances; the severity of the infraction, and the athlete's reaction to being corrected provides too many variables. Coaches and/or the Athletic Director will handle individual instances in a manner that seems best suited to the situation but athletes should note that appropriate responses by coaches or the Athletic Director could range anywhere from a verbal reprimand to suspension or expulsion from the team.

Ashley Athletic Information

Physicals

All athletes must have a completed Athletic Participation Form on file at school before they practice or participate in skill development sessions. A school physical will be given (check athletic calendar for dates). The physical is valid for one calendar year and must be current until the end of a specific sport season. Students absent from athletic practice for five or more days due to illness or injury shall receive a medical release by a physician licensed to practice medicine before readmittance to practice or contests.

Academics

Athletes will be required to pass 3 subjects with a .77 G.P.A. in order to be eligible for participation in the following semester. Athletes who fail to meet that requirement in the spring semester but whose yearly average (fall + spring and/or summer school) brings the G.P.A. to .77 or better will be deemed eligible for participation the following semester.

Athletes must attend **MANDATORY** tutorial or study hall if they receive any grades lower than a "C" or have a GPA below 2.0 for at least one hour each week. The athlete will be required to continue in tutoring until an average of "C" or higher is attained in the course. If at any time an athlete fails to attend required tutoring, or if the athlete attends tutoring but fails to demonstrate a good faith effort to improve as judged by the tutor or academic teacher, the athlete may lose eligibility until the commitment is made or for the remainder of the nine week grading period.

In summary, this will hold student-athletes accountable for both past and current grades while providing a vehicle for improving those grades. This is designed to be motivational, not punitive.

A student-athlete who is not eligible at the beginning of the semester (eight day period) is not eligible at any time during the semester. **Exception: a student who receives an**

incomplete which causes him or her to fail to meet minimum scholastic requirements is ineligible until the course is satisfactorily completed, and eligibility is restored immediately). A student academically eligible at the beginning of a semester remains academically eligible throughout the semester.

Transportation

As per NHC policy, the athletic department will provide transportation to and from athletic contests. If an emergency occurs, parents can transport athlete's home from away games with a signed waiver and permission of the head coach.

Due to the fact that we practice and play at an off campus venue, (golf, cross country, lacrosse, soccer, and swimming) student-athletes must provide their own transportation to and from practices and home contests. Because the safety of student-athletes is a primary consideration in the administration of this activity, students must have the written parental permission for their participation in each specific sport.

Under **no circumstances** will athletes be allowed to travel with teammates or other parents to or from contests without signed waivers and permission from the Athletic Director.

Informed Consent

By its nature, participation in interscholastic athletics includes risk of injury, which may range in severity. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules and warnings, report physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

Athletic Training

The athletic department will provide a certified Athletic Trainer, assistant athletic trainer and athletic training student aids to provide the possible care for our athletes. Athletes are offered a wide variety of services (prevention and treatment) to help meet the demands of athletic competition.

The following are guidelines to follow when using the athletic training room:

- Do not enter without an athletic trainer, coach or athletic training student aid
- Only athletes being treated are allowed in athletic training room
- Do not attempt to treat yourself
- Wear appropriate clothing to and from the athletic training room
- Do not use or remove any supplies without permission

Hot Weather

According to the New Hanover County School System, each site is allowed to make its own decision concerning practices, realizing that no practices may occur before the end of the regular teacher workday.

Inclement Weather

On the first day schools are closed due to inclement weather conditions, all school activities shall be suspended. This rule applies to all games, practices, rehearsals, etc.

On subsequent days when schools are closed due to inclement weather, the building principal will decide when school activities (team practices, rehearsals, etc.) may be resumed within his/her school. All performances and games that are to be played when schools are closed will require the permission of the superintendent or his designee.

Under **NO CIRCUMSTANCES** should students be penalized for failure to attend activities when schools are closed even when special permission to proceed has been granted.

Dressing/Locker Rooms

Coaches will supervise their dressing facilities. Custodians are expected to clean dressing rooms daily, but are not expected to pick-up equipment and clothing left behind by athletes. **DO NOT**; under any circumstances wear cleats inside the buildings or walk across the gym floor.

Combination locks should be assigned to all athletes. Athletes are encouraged to secure all valuables in their lockers. The athletic department will not be responsible for lost or stolen personal belongings.

Attendance

It is the responsibility of all athletes to attend school on a regular basis. They should set an example for all other students. Athletes cannot participate (dress out) in practice or a game unless they are in attendance at school.

- All athletes will attend Ashley High School on a daily basis.
- Athletes should be present in **ALL** classes during the school day unless excused by parents, faculty or administration.
- If he/she attends school he/she will be expected to practice unless excused by the coach.

Dress

Athletes are encouraged to dress in an appropriate manner whenever they represent Ashley High School

- Must dress appropriately during the school day (AHS Student Handbook), at practice and for **all** games.

Obligations

All athletes are required to replace lost uniforms or damaged equipment either by payment or restitution of the lost article. Athletes are responsible for clearing all obligations with their coaches before participating or practicing with another sport (good standing). If an athlete fails to take care of his/her financial responsibilities to the athletic department he/she will be ruled ineligible (Code of Ethics).

Meals/Rooms

The athletic department will not provide funds to purchase pre-game meals, post-game meals, or overnight accommodations unless covered by the NCHSAA.

Letter Requirements and Awards

An athletic award is a symbol of athletic accomplishment, good sportsmanship, and the observance of athletic policies. If an athlete completes the season in good standing, he/she will receive a letter or participation certificate. The head coach of each sport sets the letter

requirements for each sport. Awards shall be held if the student-athlete is not in good standing (debt owed).

The Awards available are the following:

Letter/Certificate: Awarded when an individual letters in for the first time in any sport.

Sport Icon/Pin/Bar: After qualifying for a letter in a sport, each additional sport will be designated by a sport emblem to be worn on the letter.

Participation Certificate: Will be awarded to all team members that finish the season in good standing.

Manager's Pin: A coach may award a manager's pin to any team manager.

Scholar Athlete Certificate: Awarded to all athletes in good standing that has a 3.5 or greater grade point average during the first nine weeks of their sport season.

Plaques: The Head Varsity Coach shall present special awards. The Ashley Athletic Booster Club provides these plaques each year.

College Admission

The coaching staff will work to qualify as many student-athletes as possible. Information about re-centered SAT scores and clearinghouse registration is available upon request. In the event that a college recruiter contacts an athlete personally he/she has an obligation to notify his/her coach, guidance counselor, and the athletic department. Ashley High School will abide by the rules of the NCAA. Information about college recruiting and the Internet scouting service is available on request. Check out Clearinghouse Calculator at www.ashleyathletics.com.

Schedules

We compete in the Mideastern Conference, which includes Hoggard, Jacksonville, Laney, New Hanover, West Brunswick, and White Oak. We will continue to schedule and compete against established programs whenever possible. Contracts and schedules (home and away) are for a period of (2) two years.

Schedules for all sports are generally completed three months in advance of the season and are available from the athletic director. To receive the current schedule information go to the Website: www.ashleyathletics.com and click on link: Ashley Athletic Schedules/Scores.

To get Schedule Change notifications to your email, cell phone or pager, go to:
<http://www.highschoolsports.net/myaccount/signin.cfm?CFID=15087554&CFTOKEN=36423429>

Team Selection

Athletes at Ashley High School are encouraged to participate in as many sports as he/she can. Student athletes may participate in more than one sport during a season with the approval of the coaches and the athletic director. Once an athlete begins the in-season-training period of a sport, he/she should not quit while that sport is in season. If an athlete quits a sport they will be withheld from participation until that season is over (includes playoffs). Athletes may be allowed to transfer from one sport to another during a season with mutual consent of both coaches and the athletic director. Each coach has his/her own policy on how he/she selects the team. Coaches will explain their policy to candidates before the season/practice begins. Skill Development sessions and open facilities (open to all, required for none, in season athletes may not participate) are allowed, but shall not be held during any tryout period of an in-season sport (1st Fall Practice - 9/1; 1st winter practice - 12/1; 1st spring practice - 3/15, during mid-term

exams, and the last 5 days of each semester). All skill development sessions must be voluntary and open to all athletically eligible students. Insurance is required for all those involved in skill development and off-season sessions.

There shall be no athletic practice/workouts during the school day or on Sunday. Practice may begin after 3:30PM during the regular school day and on workdays. The duration of practice (court or field) should not exceed two hours.

SPORT SEASON	FIRST PRACTICE	First Contest
FALL	Week of August 1	8/17
WINTER	Week of November 1 st	11/16
SPRING	February 16 th	3/1

NHCS Code of Conduct

Participation in any extra or co-curricular activity is an important part of the educational experience in the (NHCS) New Hanover County School System. A primary goal of such activities is to teach students character and self discipline skills that will enable them to develop to their highest potential. As role models for their peers and younger students, students who participate in extra or co-curricular activities (“participating students”) are held accountable for their actions at a higher standard than other students. Because of the public nature of the extra and co-curricular programs sponsored by NHCS, participating students are expected to conduct themselves in a manner that will reflect the high standards and ideals of their school and community. The participating student becomes subject to this Code of Conduct upon the student’s signature and date below and continues until graduating from high school. Participating students are subject to this code at all times during the calendar year, including summer months, whether on or off campus. For summer month violations, any discipline or punishment imposed would go into effect at the next scheduled extra or co-curricular activity by the student. This Code of Conduct is, in addition to any specific team/activity rules or regulations established by the individual programs. The Principal will review the circumstances surrounding the behavior and determine what disciplinary action, if any is necessary.

All athletes must work to their academic potential in the classroom. They must also display good school conduct at all times. Disciplinary action taken by the Administration may be supplemented by additional disciplinary action by the Athletic Department.

SPECIAL NOTE:

When serving a **school imposed suspension, (ISS or OSS)** the student-athlete will be **ineligible** for all contests, tryouts, and practices during the suspension period. This means, the student-athlete cannot participate (dress out or attend) during the suspension.

When serving an **athletic suspension**, the athlete is expected to demonstrate support for HIS/HER teammates. Failure to adhere to these expectations may extend his suspension and/or affect his recognition at the conclusion of the season.